

# MENU

## *Fresh As Canteen*

### SANDWICHES, COLD FOOD & SNACKS

*Sandwiches - <i>Ham &amp; Salad, Chicken &amp; Salad, Egg &amp; Lettuce, Curried Egg</i>	\$5.00
*Wraps - <i>Assorted (Half Wrap \$4.00)</i>	\$6.00
*Salad & Egg Tray (with Chicken or Ham +\$0.50)	\$6.00
*Large Salad Bento Tray (Meat, Salad & Fruit)	\$9.00
*Sushi - <i>Teriyaki Chicken, Katsu Chicken, Tuna</i>	\$5.00
*Small Potato Salad	\$4.00
*Quiche	\$5.00
*Fruit Salad	\$4.00
*Fresh Fruit	\$1.00
#Muffins <i>Assorted Flavours</i>	\$3.50
*Snaps - <i>BBQ or Tangy</i>	\$2.00
*Yoghurt Tub - <i>Assorted Flavours</i>	\$2.50

### HOT FOOD

#Party Pie	\$1.00
#Meat Pie	\$3.50
#Giant Sausage Roll or Spinach & Ricotta Roll	\$4.00
#Hot Dog	\$3.00
#Chicken Sub	\$3.50
*Baked Potato with capsicum, onion and cheese	\$5.00
#Nachos (with avocado +\$1.00)	\$5.00
#Hash Brown	\$1.50
#Hot Noodles	\$3.00
*Fried Rice	\$4.00
*Toasted Ham & Cheese Sandwich	\$2.50
*#Burger - <i>Beef &amp; Cheese or Chicken &amp; Cheese (with salad +\$1.00)</i>	\$5.00
#Turkish Bread Pizza Sub	\$4.00
*Toasted Turkish Bread	\$7.00
<i>Chicken, Cheese &amp; Avo or Ham, Tomato &amp; Cheese</i>	
*Toasted B.L.T	\$5.00
#Bacon & Egg Muffin	\$4.00
*Pasta ( <i>Bolognese, Lasagne, Mac &amp; Cheese</i> )	\$4.00
#6 Nuggets with Sauce	\$3.50
#Air-fried Hot Chips (with Gravy +\$0.50)	\$3.50
*Cheesie - <i>Small</i>	\$1.00
- <i>Large</i>	\$2.00

### DRINKS

Water	\$1.50
Juice Box	\$2.50
Up & Go	\$2.50
Flavoured Milk 300ml	\$2.50
Flavoured Milk 600ml	\$4.00
Waterfords Varieties	\$3.50
Chill Aloe & Iced Tea	\$3.50

### TRAFFIC LIGHT FOOD SYSTEM

\*Green - Healthy Choice (Allowed Every Day)  
#Amber - Limited Choice (No more than twice per week)

Dietary requirements can be catered for if pre-ordered.

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