

Fresh As Cafe

MENU

SANDWICHES AND SNACKS

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|--|--------|
| Sandwiches | \$4.50 |
| <i>Ham and Salad, Chicken and Salad, Egg and Lettuce, Curried Egg.</i> | |
| <i>Special sandwiches can also be made to order</i> | |
| Vegemite and Cheese Sandwich | \$2.00 |
| Muffins | \$3.50 |
| <i>Assorted Flavours</i> | |
| Sushi | \$5.00 |
| Dry Noodles | \$1.00 |
| Jelly | \$1.00 |
| Vege Chips | \$1.50 |
| Fresh Fruit | \$1.00 |
| Fruit Salad | \$4.00 |
| Tuna (Can) | \$2.00 |

HOT FOOD

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| Party Pies | \$1.00 |
| Large Pies | \$3.50 |
| Giant Sausage Rolls | \$4.00 |
| Spinach and Ricotta Rolls | \$4.00 |
| Sauce | \$0.40 |
| Hot Dog | \$3.00 |
| Hash Brown | \$1.50 |
| Pasta (<i>Bolognese, Lasagna, Mac and Cheese</i>) | \$4.00 |
| Fried Rice | \$4.00 |
| Turkish Bread Pizza Sub | \$4.00 |
| Ham and Cheese Toastie | \$2.50 |
| Egg and Bacon Muffin | \$4.00 |
| Cheesies - <i>Small</i> | \$1.00 |
| - <i>Large</i> | \$2.00 |
| Beef and Cheese Burger | \$5.00 |
| Chicken Burger | \$5.00 |
| 6 Nuggets with sauce | \$3.50 |
| Hot Chips and Gravy | \$4.00 |
| Hot Noodles | \$3.00 |
| Nachos | \$5.00 |
| Baked potato with capsicum, onion and cheese | \$5.00 |
| Hummus and crackers | \$4.00 |

DRINKS

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|---------------------------|--------|
| Water | \$1.00 |
| Up & Go | \$2.50 |
| Juice Box | \$2.00 |
| Harvey Fresh Juice Bottle | \$2.50 |
| Waterfords | \$3.00 |
| OAK Flavoured Milk 300ml | \$2.00 |
| OAK Flavoured Milk 600ml | \$3.60 |
| Masters Flavoured Milk | \$2.00 |
| Nippys Flavoured Milk | \$3.00 |

Lunches can be made to order. Please place orders in an envelope with correct money in the box in the front office before school.

Dietary requirements can be catered for if pre-ordered.

Don't forget to check the specials board in the cafe!

freshascanteen@gmail.com 0402 245 221

Fresh As Cafe

SPECIAL DIETARY REQUIREMENTS MENU

All items are made fresh upon order.

GLUTEN FREE

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|--|--------|
| Sandwiches and wraps | \$4.50 |
| <i>Ham and Salad, Chicken and Salad, Egg and Lettuce, Curried Egg.</i> | |
| <i>Special sandwiches can also be made to order</i> | |
| Cheese Sandwich | \$2.00 |
| Sushi | \$5.00 |
| Tuna (can) | \$2.00 |
| Vege Chips | \$1.50 |
| Fresh Fruit | \$1.00 |
| Fruit Salad | \$4.00 |
| Pasta (Bolognese) | \$4.00 |
| Fried Rice | \$4.00 |
| Turkish Bread Pizza Sub | \$4.00 |
| Ham and Cheese Toastie | \$2.50 |
| Egg and Bacon Toastie | \$4.00 |
| Cheesies - Small | \$1.00 |
| - Large | \$2.00 |
| Hot Chips and Gravy | \$4.00 |
| Sausage Rolls | \$4.00 |
| Nachos | \$5.00 |
| Baked potato with capsicum, onion and cheese | \$5.00 |
| Hummus and crackers | \$4.00 |

VEGETARIAN

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|--|--------|
| Sandwiches and wraps | \$4.50 |
| <i>Salad sandwiches, Egg and Lettuce, Curried Egg,</i> | |
| Vegemite and Cheese Sandwich | \$2.00 |
| Sushi | \$5.00 |
| Vege Chips | \$1.50 |
| Fresh Fruit | \$1.00 |
| Fruit Salad | \$4.00 |
| Hummus and crackers | \$4.00 |
| Spinach and Ricotta Rolls | \$4.00 |
| Pasta (Mac and Cheese) | \$4.00 |
| Cheesies - Small | \$1.00 |
| - Large | \$2.00 |
| Veggie Burger | \$5.00 |
| Hot Chips and Gravy | \$4.00 |
| Nachos | \$5.00 |
| Hash Brown | \$1.50 |

VEGAN

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|---|--------|
| Sandwiches and wraps | \$4.50 |
| <i>Salad sandwiches can be made with an olive oil spread instead of butter or margarine</i> | |
| Cheese sandwich | \$2.00 |
| Hummus and crackers | \$4.00 |
| Vege Chips | \$1.50 |
| Fresh Fruit | \$1.00 |
| Fruit Salad | \$4.00 |
| Veggie Burger | \$5.00 |
| Chips | \$4.00 |
| Hash Brown | \$1.50 |

Most menu items can be adjusted for any dietary needs.

Please place orders in a named envelope with correct money in the box in the front office before school.

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0402 245 221